

# West Midland Championships (50m) 2022

## QUALIFYING TIMES

(Based on a 25m pool)

Male						Short Course Times	Female					
11/12	13	14	15	16	17/OV	Conversions may be used	11/12	13	14	15	16	17/OV
33.8	31.6	28.8	27.5	26.7	26.0	<b>50 Freestyle</b>	32.4	30.9	29.7	28.8	28.7	28.5
1:13.2	1:10.0	1:02.0	59.4	57.4	57.0	<b>100 Freestyle</b>	1:12.0	1:10.7	1:06.1	1:04.0	1:02.4	1:00.3
2:40.0	2:25.9	2:18.5	2:12.3	2:10.0	2:02.7	<b>200 Freestyle</b>	2:38.9	2:25.2	2:21.0	2:18.1	2:17.2	2:10.2
5:36.0	5:24.0	4:56.2	4:43.5	4:33.6	4:29.0	<b>400 Freestyle</b>	5:32.4	5:09.9	4:53.8	4:46.5	4:45.6	4:43.1
11:20.0	10:37.5	10:07.5	10:01.0	9:49.0	9:46.0	<b>800 Freestyle</b>	11:10.0	10:34.8	10:03.0	9:50.1	9:50.1	9:50.1
22:02.2	21:27.2	19:54.0	18:44.6	18:40.0	18:33.0	<b>1500 Freestyle</b>	23:26.0	21:00.7	20:18.0	19:50.7	19:23.3	19:21.0
46.0	41.0	37.0	34.4	33.6	33.0	<b>50 Breast</b>	42.3	39.9	38.0	37.3	36.5	35.6
1:40.7	1:29.9	1:24.4	1:16.8	1:15.7	1:13.0	<b>100 Breast</b>	1:33.5	1:28.4	1:23.0	1:20.4	1:20.2	1:18.0
3:29.8	3:14.2	2:57.6	2:48.8	2:44.7	2:44.6	<b>200 Breast</b>	3:25.6	3:09.3	2:59.5	2:53.1	2:50.4	2:47.4
39.1	34.8	31.7	29.4	29.2	27.5	<b>50 Fly</b>	36.9	34.1	32.9	31.4	31.2	30.0
1:26.0	1:22.9	1:12.3	1:07.0	1:06.2	1:01.7	<b>100 Fly</b>	1:25.7	1:19.0	1:14.4	1:11.7	1:10.5	1:08.8
3:26.6	2:57.4	2:46.1	2:33.2	2:28.6	2:23.2	<b>200 Fly</b>	3:21.6	3:04.3	2:56.6	2:49.9	2:43.9	2:40.4
38.7	36.4	33.3	31.8	31.2	29.8	<b>50 Back</b>	38.2	35.3	34.2	32.9	32.7	32.5
1:25.4	1:18.4	1:11.9	1:08.4	1:06.8	1:03.4	<b>100 Back</b>	1:23.2	1:16.0	1:14.6	1:10.8	1:10.2	1:08.8
3:01.3	2:54.9	2:33.2	2:26.8	2:26.9	2:19.4	<b>200 Back</b>	2:55.6	2:42.3	2:38.0	2:34.5	2:33.7	2:32.5
3:00.0	2:47.9	2:32.7	2:24.3	2:21.5	2:17.4	<b>200 IM</b>	2:59.6	2:47.9	2:40.1	2:32.3	2:32.1	2:28.7
6:26.0	6:07.9	5:32.0	5:11.8	5:06.9	4:48.0	<b>400 IM</b>	6:25.9	6:01.1	5:43.4	5:28.6	5:27.7	5:20.0

Age as at 31<sup>st</sup> December 2022 – All times to be achieved in licensed meets L1, 2 or 3 between 1st April 2021 and 14th April 2022.

800m & 1500m events will have a maximum of 3 heats per event, with the final heats of each event in the finals sessions