

**TIMETABLE****From 20 NOVEMBER 2021**

<b>SQUAD</b>	<b>DAY</b>	<b>TIME</b>	<b>POOL</b>
<b>Academy Bronze</b>	Friday	18:30 - 19:30	SLC
<b>Academy Silver</b>	Wednesday	18:00 - 19:00	Shipston
	Friday	18:30 - 19:30	SLC
<b>Academy Gold</b>	Monday	19:00 – 20:00	Shipston
	Friday	18:30 - 19:30	SLC
	Saturday	13:00 - 14:00	SLC
<b>Juniors</b>	Monday	19:00 - 20:00	Shipston
	Tuesday	19:00 - 20:30	Shipston
	Friday	05:30 - 07:00	SLC
	Friday	19:30 - 20:30	SLC
	Saturday	13:00 - 14:00	SLC
<b>Development</b>	Tuesday	05:30 - 07:00	SLC
	Tuesday	19:00 - 20:30	Shipston
	Thursday	18:00 - 20:00	SLC
	Friday	19:30 - 20:30	SLC
	Saturday	13:00 - 14:00	SLC
	Sunday	09:00 - 10:30	SLC
<b>Club</b>	Tuesday	05:30 - 07:00	SLC
	Wednesday	19:30 - 20:30	SLC
	Thursday	18:00 - 19:00	SLC
	Friday	05:30 - 07:00	SLC
	Sunday	17:30 - 18:30	SLC
<b>Masters</b>	Tuesday	05:30 - 07:00	SLC
	Wednesday	19:30 - 20:30	SLC
	Thursday	19:00 - 20:00	SLC
	Friday	05:30 - 07:00	SLC
	Saturday	06:20 - 07:50	SLC
	Sunday	18:30 - 19:30	SLC

SQUAD	DAY	TIME	POOL
<b>Performance 3</b>	Tuesday	05:30 - 07:00	SLC
	Tuesday	17:30 - 18:15	LAND TRAINING - SLC
	Tuesday	18:30 - 20:00	SLC
	Wednesday	19:00 - 20:00	Shipston
	Thursday	18:00 - 20:00	SLC
	Friday	05:30 - 07:00	SLC
	Friday	19:30 - 20:30	SLC
	Saturday	06:20 - 07:50	SLC
	Sunday	17:30 - 18:30	SLC
<b>Performance 2</b>	Monday	18:30 - 20:30	SLC
	Tuesday	05:30 - 07:00	SLC
	Tuesday	17:30 - 18:15	LAND TRAINING - SLC
	Tuesday	18:30 - 20:00	SLC
	Thursday	18:00 - 20:00	Shipston
	Friday	05:30 - 07:00	SLC
	Saturday	06:20 - 07:50	SLC
	Sunday	17:30 - 19:30	SLC
<b>Performance 1</b>	Monday	18:30 - 20:30	SLC
	Tuesday	05:30 - 07:00	SLC
	Tuesday	17:30 - 18:15	LAND TRAINING - SLC
	Tuesday	18:30 - 20:00	SLC
	Wednesday	18:00 - 19:30	SLC
	Thursday	18:00 - 20:00	Shipston
	Friday	05:30 - 07:00	SLC
	Saturday	06:20 - 07:50	SLC
	Sunday	17:30 - 19:30	SLC