







Constitution of Stratford Sharks Swimming Club a Charitable Incorporated Organisation with voting members other than its charity trustees.

1. Name

1.1. The name of the Charitable Incorporated Organisation ("The CIO") shall be Stratford Sharks Swimming Club

2. National location of principal office

2.1. The principal office of the CIO is in England.

3. Objects

3.1. The objects of the CIO are;

The promotion of community participation in healthy recreation in particular by the provision of facilities, teaching & coaching for Competitive Swimming, Water Safety and the opportunity to participate in related Aquatic Events.

Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]

- 3.2. The CIO is committed to treat everyone equally within the context of its activity. This shall be, for example, regardless of sex, ethnic origin, religion, disability or political persuasion, on any grounds.
- 3.3. The CIO shall implement the A.S.A. Equal Opportunities policy.
- 3.4. The CIO shall be affiliated to ASA West Midlands Region, and shall adopt and conform to the rules of this Association, and to such other bodies as the Club may determine from time to time.
- 3.5. The business and affairs of the Club shall at all times be conducted in accordance with the Laws and Technical Rules of the A.S.A. ("A.S.A. Laws") and in particular:
 - a All competing members shall be eligible competitors as defined in A.S.A. Laws;
 - b The Club shall in accordance with A.S.A. Laws adopt the A.S.A. Child Safeguarding Procedures; and shall recognise that the welfare of children is everyone's responsibility and that all children and young people have a right to have fun, be safe and be protected from harm.
 - c Members of the Club shall in accordance with A.S.A. Laws comply with the A.S.A. Child Safeguarding Procedures.
- 3.6. By virtue of the affiliation of the Club to ASA West Midlands Region, the Club and all members of the Club acknowledge that they are subject to the laws, rules and constitutions of:

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- a ASA West Midlands Region and
- b The A.S.A. (to include the A.S.A./IOS Code of Ethics); and
- c British Swimming (in particular it's Doping Control Rules and Protocols and Disciplinary Code); and
- d FINA, the world governing body for the sport of swimming in all its disciplines (together "the Governing Body Rules").
- 3.7. In the event that there shall be any conflict between any rule or by-law of the Club and any of the Governing Body Rules then the relevant Governing Body Rule shall prevail.

4. Powers

The CIO has power to do anything which is calculated to further its objects or is conducive or incidental to doing so. In particular, the CIO's powers include power to:

- 4.1. borrow money and to charge the whole or any part of its property as security for the repayment of the money borrowed. The CIO must comply as appropriate with sections 124 and 125 of the Charities Act 2011 if it wishes to mortgage land;
- 4.2. buy, take on lease or in exchange, hire or otherwise acquire any property and to maintain and equip it for use;
- 4.3. sell, lease or otherwise dispose of all or any part of the property belonging to the CIO. In exercising this power, the CIO must comply as appropriate with sections 117 and 119-123 of the Charities Act 2011;
- 4.4. employ and remunerate such staff as are necessary for carrying out the work of the CIO. The CIO may employ or remunerate a charity trustee only to the extent that it is permitted to do so by clause 6 (Benefits and payments to charity trustees and connected persons) and provided it complies with the conditions of those clauses;
- 4.5. deposit or invest funds, employ a professional fund-manager, and arrange for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000;

5. Application of income and property

- 5.1. The income and property of the CIO must be applied solely towards the promotion of the objects.
 - a A charity trustee is entitled to be reimbursed from the property of the CIO or may pay out of such property reasonable expenses properly incurred by him or her when acting on behalf of the CIO.
 - b A charity trustee may benefit from trustee indemnity insurance cover purchased at the CIO's expense in accordance with, and subject to the conditions in, section 189 of the Charities Act 2011.

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- 5.2. None of the income or property of the CIO may be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to any member of the CIO. This does not prevent a member who is not also a charity trustee receiving:
 - a a benefit from the CIO as a beneficiary of the CIO;
 - b reasonable and proper remuneration for any goods or services supplied to the CIO.
- 5.3. Nothing in this clause shall prevent a charity trustee or connected person receiving any benefit or payment which is authorised by Clause 6.
- 5.4. The property of the club, other than cash at bank, shall be invested in not more than four Custodians. They shall deal with the property as directed by resolution of the charity trustees and entry in the minute book shall be evidence of such a resolution.
- 5.5. The Custodians shall be elected at a general meeting of the CIO and shall hold office until death or resignation unless removed by a resolution passed at a general meeting.
- 5.6. The Custodians shall be entitled to an indemnity out of the property of the CIO for all expenses and other liabilities properly incurred by them in the discharge of their duties.

6. Benefits and payments to charity trustees and connected persons

6.1. General provisions

No charity trustee or connected person may:

- a buy or receive any goods or services from the CIO on terms preferential to those applicable to members of the public;
- b sell goods, services, or any interest in land to the CIO;
- c be employed by, or receive any remuneration from, the CIO;
- d receive any other financial benefit from the CIO;
- e unless the payment or benefit is permitted by sub-clause (2) of this clause, or authorised by the court or the Charity Commission ("the Commission"). In this clause, a "financial benefit" means a benefit, direct or indirect, which is either money or has a monetary value.
- 6.2. Scope and powers permitting trustees' or connected persons' benefits
 - a A charity trustee or connected person may receive a benefit from the CIO as a beneficiary of the CIO provided that it is available generally to the beneficiaries of the CIO.
 - b A charity trustee or connected person may enter into a contract for the supply of services, or of goods that are supplied in connection with the provision of services, to

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the CIO where that is permitted in accordance with, and subject to the conditions in, section 185 to 188 of the Charities Act 2011.

- c Subject to sub-clause (3) of this clause a charity trustee or connected person may provide the CIO with goods that are not supplied in connection with services provided to the CIO by the charity trustee or connected person.
- d A charity trustee or connected person may receive interest on money lent to the CIO at a reasonable and proper rate which must be not more than the Bank of England bank rate (also known as the base rate).
- e A charity trustee or connected person may receive rent for premises let by the trustee or connected person to the CIO. The amount of the rent and the other terms of the lease must be reasonable and proper. The charity trustee concerned must withdraw from any meeting at which such a proposal or the rent or other terms of the lease are under discussion.
- f A charity trustee or connected person may take part in the normal trading and fundraising activities of the CIO on the same terms as members of the public.

6.3. Payment for supply of goods only – controls

The CIO and its charity trustees may only rely upon the authority provided by sub-clause (2)(c) of this clause if each of the following conditions is satisfied:

- a The amount or maximum amount of the payment for the goods is set out in a written agreement between the CIO and the charity trustee or connected person supplying the goods ("the supplier").
- b The amount or maximum amount of the payment for the goods does not exceed what is reasonable in the circumstances for the supply of the goods in question.
- The other charity trustees are satisfied that it is in the best interests of the CIO to contract with the supplier rather than with someone who is not a charity trustee or connected person. In reaching that decision the charity trustees must balance the advantage of contracting with a charity trustee or connected person against the disadvantages of doing so.
- d The supplier is absent from the part of any meeting at which there is discussion of the proposal to enter into a contract or arrangement with him or her or it with regard to the supply of goods to the CIO.
- e The supplier does not vote on any such matter and is not to be counted when calculating whether a quorum of charity trustees is present at the meeting.
- f The reason for their decision is recorded by the charity trustees in the minute book.
- g A majority of the charity trustees then in office are not in receipt of remuneration or payments authorised by clause 6.

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- 6.4. In sub-clauses (2) and (3) of this clause:
 - a "the CIO" includes any company in which the CIO:
 - i holds more than 50% of the shares; or
 - ii controls more than 50% of the voting rights attached to the shares; or
 - iii has the right to appoint one or more directors to the board of the company;
 - b "connected person" includes any person within the definition set out in clause [30] (Interpretation);

7. Conflicts of interest and conflicts of loyalty

A charity trustee must:

- 7.1. declare the nature and extent of any interest, direct or indirect, which he or she has in a proposed transaction or arrangement with the CIO or in any transaction or arrangement entered into by the CIO which has not previously been declared; and
- 7.2. absent himself or herself from any discussions of the charity trustees in which it is possible that a conflict of interest will arise between his or her duty to act solely in the interests of the CIO and any personal interest (including but not limited to any financial interest).

Any charity trustee absenting himself or herself from any discussions in accordance with this clause must not vote or be counted as part of the quorum in any decision of the charity trustees on the matter.

8. Liability of members to contribute to the assets of the CIO if it is wound up

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

9. Membership of the CIO

9.1. Admission of new members

Eligibility: Membership of the CIO is open to anyone who is interested in furthering its purposes, and who, by applying for membership, has indicated his or her agreement to become a member and acceptance of the duty of members set out in sub-clause (3) of this clause.

The total membership of the CIO shall not normally be limited. If however the charity trustees consider that there is a good reason to impose any limit from time to time then the charity trustees shall put forward appropriate proposals for consideration at a general meeting of the CIO. The charity trustees shall have the right to impose (and remove) from time to time any limits on total membership (or any category of membership) of the CIO.

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- b All persons who assist in any way with the CIO's activities shall become members of the Club and hence of the A.S.A. and the relevant A.S.A. membership fee shall be paid. Assisting with the CIO's activities shall include, but not be restricted to, administrators, voluntary instructors, teachers and coaches, Committee members, helpers, Honorary members, life members, Officers, patrons, Presidents, technical and non-technical officials, temporary members, Vice Presidents and verifiers or tutors of the A.S.A.'s educational certificates.
- c Paid instructors, teachers and coaches who are not members of the CIO's must be members of a body which accepts that its members are bound by the A.S.A.'s Code of Ethics, the Laws relating to Child Protection and those parts of the Judicial Laws, Judicial Rules and procedures necessary for their implementation and whilst engaged in activities under the jurisdiction of the A.S.A. shall be subject to all the constraints and privileges of the Judicial Laws and Rules.
- d Any person who wishes to become a member of the CIO must submit a signed application to the Secretary (and in the case of a junior swimmer the application must be signed by the swimmer's parent or guardian). Election to membership shall be determined by the Membership Officer but other person(s) authorised by the Committee may make recommendation as to the applicant's acceptability. The Membership Officer shall be required to give reasons for the refusal of any application for membership. Any person refused membership may seek a review of this decision before a Review Panel appointed by the Committee ("Review Panel") comprised of not less than three members (who may or may not be members of the Committee). The Review Panel shall include one independent member nominated by the ASA West Midlands Region. The person refused membership shall be entitled to make representations to the Review Panel. The procedures for review shall be at the discretion of the Review Panel whose decision shall be final and binding.
- e The Club shall not refuse an application for membership on discriminatory grounds, whether in relation to ethnic origin, sex, religion, disability, political persuasion or sexual orientation.
- The Club may refuse membership only for good and sufficient cause, such as conduct or character likely to bring the Club or the sport into disrepute, or, in the case of a swimmer, being unable to achieve the entry standards as laid down and provided by the Club to the applicant for membership.
- g Admission procedure: The charity trustees
 - i will require applications for membership to be made in accordance with 9.1.d;
 - ii shall, if they approve an application for membership, notify the applicant of their decision within 21 days;
 - iii may refuse an application for membership if they believe that it is in the best interests of the CIO for them to do so;
 - iv shall, if they decide to refuse an application for membership, give the applicant their reasons for doing so, within 21 days of the decision being taken, and give the applicant the opportunity to appeal against the refusal; and; shall give fair consideration to any such appeal, and shall inform the applicant of their decision, but any decision to confirm refusal of the application for membership shall be final.

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9.2. Transfer of membership

Membership of the CIO cannot be transferred to anyone else.

9.3. Duty of members

It is the duty of each member of the CIO to exercise his or her powers as a member of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO.

9.4. Termination of membership

- a Membership of the CIO comes to an end if:
 - i the member dies, or,
 - ii the member sends a notice of resignation to the membership secretary; or
 - iii any sum of money owed by the member to the CIO is not paid in full within six months of its falling due; or
 - iv the charity trustees decide that it is in the best interests of the CIO that the member in question should be removed from membership, and pass a resolution to that effect.
- b The Trustees shall have power to expel a member when, in its opinion, it would not be in the interests of the Club for the individual to remain a member. The Club in exercising this power must:
 - i inform the member of the reasons why it is proposed to remove him, her or it from membership;
 - ii give the member at least 21 clear days' notice in which to make representations to the charity trustees as to why he, she or it should not be removed from membership;
 - iii at a duly constituted meeting of the charity trustees, consider whether or not the member should be removed from membership;
 - iv consider at that meeting any representations which the member makes as to why the member should not be removed; and allow the member, or the member's representative, to make those representations in person at that meeting, if the member so chooses.
 - v shall comply with the relevant Judicial Rules for handling Internal Club Disputes ("the Rules") as the same may be revised from time to time. The Rules are set out in the A.S.A. Judicial Laws and appear in the A.S.A. Handbook. (A copy of the current Rules may be obtained from the A.S.A. Department of Legal Affairs.)
 - vi comply with the provisions of Rules 9.6 and 9.7 below.
- 9.5. Upon expulsion the former member shall not be entitled to have any part of the annual membership fee to be refunded and must return any Club or external body's trophy or trophies held forthwith. Clubs in exercising this power are required to comply with the provision of Rules 9.6 and 9.7 below.
- 9.6. A member may not be expelled or (subject to Rule 9.7 below) be made the subject of any other penalty unless the panel hearing the complaint shall by a two-thirds majority vote in favour of the expulsion of (or other penalty imposed upon) the member.

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9.7. The Trustees (or any person to whom the Trustees this power) may temporarily suspend or exclude a member from particular activity or training sessions and/or wider club activities, when in their opinion, such action is in the interests of the Club. Where such action is taken the incident or matter will thereafter be dealt with in accordance with the appropriate Judicial Rules.

9.8. Membership fees

The CIO may require members to pay reasonable membership fees to the CIO.

- a The annual membership and training fees (as applicable) and other fees levied for services provided by the CIO shall be determined from time to time by the charity trustees and the charity trustees shall in so doing make special provision for different classes of membership as they shall determine.
- b Any increase in subscriptions shall be advised to the members in writing with the reasons for any increase to be reported to the members at the next annual general meeting.
- c The annual subscription and joining fee shall be due on joining the CIO and thereafter the annual subscription shall be due on the 1st day of September each year.
- d Any member whose subscription is unpaid by the date falling 30 days after the due date for payment may be suspended from some or all CIO activities from a date to be determined by the charity trustees and until such payment is made.
- e The charity trustees shall have the power in special circumstances to remit the whole or part of the fees, including the A.S.A. membership fees, to address issues of social inclusion.

Any member who resigns from the CIO in accordance with clause 9(4)(a)(ii) above shall not be entitled to have any part of the annual membership fee or any other fees returned. Any member removed from membership by the charity trustees shall not be entitled to have any part of the annual membership fee refunded and must return any CIO property held forthwith.

- 9.9. Informal or associate (non-voting) membership
 - a The charity trustees may create associate or other classes of non-voting membership, and may determine the rights and obligations of any such members (including payment of membership fees), and the conditions for admission to, and termination of membership of any such class of members. Other references in this constitution to "members" and "membership" do not apply to non-voting members, and non-voting members do not qualify as members for any purpose under the Charities Acts, General Regulations or Dissolution Regulations.

10. Members' decisions

10.1. General provisions

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Except for those decisions that must be taken in a particular way as indicated in sub-clause (3) of this clause, decisions of the members of the CIO must be taken by vote at a general meeting as provided in sub-clause (2) of this clause.

10.2. Taking ordinary decisions by vote

Subject to sub-clause (3) of this clause, any decision of the members of the CIO may be taken by means of a resolution at a general meeting. Such a resolution may be passed by a simple majority of votes cast at the meeting.

10.3. Decisions that must be taken in a particular way

- a Any decision to remove a trustee must be taken in accordance with clause [15(2)].]
- b Any decision to amend this constitution must be taken in accordance with clause [28] of this constitution (Amendment of Constitution).
- c Any decision to wind up or dissolve the CIO must be taken in accordance with clause [29] of this constitution (Voluntary winding up or dissolution).
- d Any decision to amalgamate or transfer the undertaking of the CIO to one or more other CIOs must be taken in accordance with the provisions of the Charities Act 2011.

11. General meetings of members

11.1. Types of general meeting

There must be an annual general meeting (AGM) of the CIO. The first AGM must be held within 18 months of the registration of the CIO (03/03/2016), and subsequent AGMs must be held at intervals of not more than 15 months. The AGM must receive the annual statement of accounts (duly audited or examined where applicable), remove and elect the independent examiner (who must not be a charity trustee or a member of a charity trustee's family) and the trustees' annual report, and must elect trustees as required under clause [13].

Other general meeting of the members of the CIO may be held at any time.

All general meetings must be held in accordance with the following provisions:

11.2. Calling general meetings

- a The charity trustees:
 - i must call the annual general meeting of the members of the CIO in accordance with sub-clause (1) of this clause, and identify it as such in the notice of the meeting; and
 - ii may call any other general meeting of the members at any time.
- b The charity trustees must, within 21 days, call a general meeting of the members of the CIO if:
 - i they receive a request to do so from at least 10% of the members of the CIO; and the request states the general nature of the business to be dealt with at the meeting, and is authenticated by the member(s) making the request.

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- c If, at the time of any such request, there has not been any general meeting of the members of the CIO for more than 12 months, then sub-clause (b)(i) of this clause shall have effect as if 5% were substituted for 10%.
- d Any such request may include particulars of a resolution that may properly be proposed, and is intended to be proposed, at the meeting.
- e A resolution may only properly be proposed if it is lawful, and is not defamatory, frivolous or vexatious.
- f Any general meeting called by the charity trustees at the request of the members of the CIO must be held within 28 days from the date on which it is called.
- If the charity trustees fail to comply with this obligation to call a general meeting at the request of its members, then the members who requested the meeting may themselves call a general meeting.
- h A general meeting called in this way must be held not more than 3 months after the date when the members first requested the meeting
 - The CIO must reimburse any reasonable expenses incurred by the members calling a general meeting by reason of the failure of the charity trustees to duly call the meeting, but the CIO shall be entitled to be indemnified by the charity trustees who were responsible for such failure.

11.3. Notice of general meetings

- a The charity trustees, or, as the case may be, the relevant members of the CIO, must give at least 14 clear days' notice of any general meeting to all of the members, and to any charity trustee of the CIO who is not a member.
- b If it is agreed by not less than 90% of all voting members of the CIO, any resolution may be proposed and passed at the meeting even though the requirements of sub-clause (3)(a) of this clause have not been met. This sub-clause does not apply where a specified period of notice is strictly required by another clause in this constitution, by the Charities Act 2011 or by the General Regulations.
- c The notice of any general meeting must:
 - i state the time and date of the meeting:
 - ii give the address at which the meeting is to take place;
 - iii give particulars of any resolution which is to be moved at the meeting, and of the general nature of any other business to be dealt with at the meeting; and
 - iv if a proposal to alter the constitution of the CIO is to be considered at the meeting, include the text of the proposed alteration;
 - v include, with the notice for the AGM, the annual statement of accounts and trustees' annual report, details of persons standing for election or re-election as trustees, or

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where allowed under clause [22] (Use of electronic communication), details of where the information may be found on the CIO's website.

- d Proof that an envelope containing a notice was properly addressed, prepaid and posted; or that an electronic form of notice was properly addressed and sent, shall be conclusive evidence that the notice was given. Notice shall be deemed to be given 48 hours after it was posted or sent.
- e The proceedings of a meeting shall not be invalidated because a member who was entitled to receive notice of the meeting did not receive it because of accidental omission by the CIO.

11.4. Chairing of general meetings

The person nominated as chair by the charity trustees under clause [19](2) (Chairing of meetings), shall, if present at the general meeting and willing to act, preside as chair of the meeting. Subject to that, the members of the CIO who are present at a general meeting shall elect a chair to preside at the meeting.

11.5. Quorum at general meetings

- a No business may be transacted at any general meeting of the members of the CIO unless a quorum is present when the meeting starts.
- b Subject to the following provisions, the quorum for general meetings shall be the greater of 3% or 10 members. An organisation represented by a person present at the meeting in accordance with sub-clause (7) of this clause, is counted as being present in person.
- c If the meeting has been called by or at the request of the members and a quorum is not present within 15 minutes of the starting time specified in the notice of the meeting, the meeting is closed.
- d If the meeting has been called in any other way and a quorum is not present within 15 minutes of the starting time specified in the notice of the meeting, the chair must adjourn the meeting. The date, time and place at which the meeting will resume must be notified to the CIO's members at least seven clear days before the date on which it will resume.
- e If a quorum is not present within 15 minutes of the start time of the adjourned meeting, the member or members present at the meeting constitute a quorum.
- f If at any time during the meeting a quorum ceases to be present, the meeting may discuss issues and make recommendations to the trustees but may not make any decisions. If decisions are required which must be made by a meeting of the members, the meeting must be adjourned.

11.6. Voting at general meetings

a Any decision other than one falling within clause [10(4)] (Decisions that must be taken in a particular way) shall be taken by a simple majority of votes cast at the meeting. Only

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members who have reached their 16th birthday shall be entitled to be heard and to vote on all matters. Every eligible member has one vote.

- b A resolution put to the vote of a meeting shall be decided on a show of hands, unless (before or on the declaration of the result of the show of hands) a poll is duly demanded. A poll may be demanded by the chair or by at least 10% of the members present in person at the meeting.
- c A poll demanded on the election of a person to chair the meeting or on a question of adjournment must be taken immediately. A poll on any other matter shall be taken, and the result of the poll shall be announced, in such manner as the chair of the meeting shall decide, provided that the poll must be taken, and the result of the poll announced, within 30 days of the demand for the poll.
- d A poll may be taken:
 - i at the meeting at which it was demanded; or
 - ii at some other time and place specified by the chair; or
 - iii through the use of postal or electronic communications.
- e In the event of an equality of votes, whether on a show of hands or on a poll, the
- f chair of the meeting shall have a second, or casting vote.
- g Any objection to the qualification of any voter must be raised at the meeting at which the vote is cast and the decision of the chair of the meeting shall be final.

11.7. Adjournment of meetings

The chair may with the consent of a meeting at which a quorum is present (and shall if so directed by the meeting) adjourn the meeting to another time and/or place. No business may be transacted at an adjourned meeting except business which could properly have been transacted at the original meeting.

11.8. Minutes of meetings

The secretary or in his/her absence another charity trustee shall take minutes at the annual and special general meetings.

12. Charity trustees

12.1. Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

a to exercise his or her powers and to perform his or her functions as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and

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- to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to:
 - i any special knowledge or experience that he or she has or holds himself or herself out as having; and
 - ii if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

12.2. Eligibility for trusteeship

- a Every charity trustee must be a natural person.
- b No one may be appointed as a charity trustee:
 - i if he or she is under the age of 18 years; or
 - ii if he or she would automatically cease to hold office under the provisions of clause [15(1)(f)].
- c No one is entitled to act as a charity trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.

12.3. Number of charity trustees

- a There must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b The maximum number of charity trustees is twelve, of which 2/3 are to be elected by the membership of the CIO and 1/3 may be co-opted by the elected trustees. The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.
- 12.4. First charity trustees

 The first charity trustees of the CIO are –
- 12.5. Mr Jonathan Penny, Mrs Julie Lawton, Mrs Jenifer Morrison

13. Appointment of charity trustees

- 13.1. Nominations for election of charity trustees shall be made in writing by the proposer and seconder to the secretary not later than 14 days before the annual general meeting. The nominee shall indicate in writing his/her willingness to stand for election.
- 13.2. At the first annual general meeting of the members of the CIO all the charity trustees shall retire from office;

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- 13.3. At every subsequent annual general meeting of the members of the CIO, one-third of the charity trustees shall retire from office. If the number of charity trustees is not three or a multiple of three, then the number nearest to one-third shall retire from office, but if there is only one charity trustee, he or she shall retire;
- 13.4. The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment. If any trustees were last appointed or reappointed on the same day those to retire shall (unless they otherwise agree among themselves) be determined by lot;
- 13.5. The vacancies so arising may be filled by the decision of the members at the annual general meeting; any vacancies not filled at the annual general meeting may be filled as provided in sub-clause (6) of this clause;
- 13.6. The members or the charity trustees may at any time decide to appoint a new charity trustee, whether in place of a charity trustee who has retired or been removed in accordance with clause [15] (Retirement and removal of charity trustees), or as an additional charity trustee, provided that the limit specified in clause [12(3)] on the number of charity trustees would not as a result be exceeded;
- 13.7. A person so appointed by the members of the CIO shall retire in accordance with the provisions of sub-clauses (2) and (3) of this clause. A person so appointed by the charity trustees shall retire at the conclusion of the next annual general meeting after the date of his or her appointment, and shall not be counted for the purpose of determining which of the charity trustees is to retire by rotation at that meeting.

14. Information for new charity trustees

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- a a copy of this constitution and any amendments made to it; and
- b a copy of the CIO's latest trustees' annual report and statement of accounts.

15. Retirement and removal of charity trustees

- 15.1. A charity trustee ceases to hold office if he or she:
 - a retires by notifying the CIO in writing (but only if enough charity trustees will remain in office when the notice of resignation takes effect to form a quorum for meetings);
 - b is absent without the permission of the charity trustees from all their meetings held within a period of six months and the trustees resolve that his or her office be vacated;
 - c dies;
 - d becomes incapable by reason of mental disorder, illness or injury of managing and administering his or her own affairs;

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- e is removed by the members of the CIO in accordance with sub-clause (2) of this clause; or
- f is disqualified from acting as a charity trustee by virtue of section 178-180 of the Charities Act 2011 (or any statutory re-enactment or modification of that provision).
- 15.2. A charity trustee shall be removed from office if a resolution to remove that trustee is proposed at a general meeting of the members called for that purpose and properly convened in accordance with clause [11], and the resolution is passed by a two-thirds majority of votes cast at the meeting.
- 15.3. A resolution to remove a charity trustee in accordance with this clause shall not take effect unless the individual concerned has been given at least 14 clear days' notice in writing that the resolution is to be proposed, specifying the circumstances alleged to justify removal from office, and has been given a reasonable opportunity of making oral and/or written representations to the members of the CIO.

16. Reappointment of charity trustees

Any person who retires as a charity trustee by rotation or by giving notice to the CIO is eligible for reappointment. A charity trustee who has served for five consecutive terms may not be reappointed for a sixth consecutive term but may be reappointed after an interval of at least two years.

17. Taking of decisions by charity trustees

- 17.1. Any decision may be taken either:
 - a at a meeting of the charity trustees; or
 - by resolution in writing or electronic form agreed by all of the charity trustees, which may comprise either a single document or several documents containing the text of the resolution in like form to each of which one or more charity trustees has signified their agreement.

18. Delegation by charity trustees

- 18.1. The charity trustees may delegate any of their powers or functions to a committee or committees, and, if they do, they must determine the terms and conditions on which the delegation is made. The charity trustees may at any time alter those terms and conditions, or revoke the delegation.
- 18.2. This power is in addition to the power of delegation in the General Regulations and any other power of delegation available to the charity trustees, but is subject to the following requirements
 - a a committee may consist of two or more persons;

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- b the acts and proceedings of any committee must be brought to the attention of the charity trustees as a whole as soon as is reasonably practicable; and the charity trustees shall from time to time review the arrangements which they have made for the delegation of their powers.
- 18.3. The Trustees shall appoint a member of the Club as Welfare Officer who must be not less than 18 years of age, who should have an appropriate background and who is required to undertake appropriate training in accordance with A.S.A Child Safeguarding courses.

19. Meetings and proceedings of charity trustees

19.1. Calling meetings

- a Meetings of the charity trustees shall be held not less than quarterly (save where the charity trustees shall by a simple majority resolve not to meet), and the quorum of those meetings shall be such number as shall represent not less than a simple majority of the charity trustees.
- b Any charity trustee may call a meeting of the charity trustees.
- c Subject to that, the charity trustees shall decide how their meetings are to be called, and what notice is required.

19.2. Chairing of meetings

The charity trustees may appoint one of their number to chair their meetings and may at any time revoke such appointment. If no-one has been so appointed, or if the person appointed is unwilling to preside or is not present within 10 minutes after the time of the meeting, the charity trustees present may appoint one of their number to chair that meeting.

19.3. Procedure at meetings

- No decision shall be taken at a meeting unless a quorum is present at the time when the decision is taken. The quorum is two charity trustees, or the number nearest to one third of the total number of charity trustees, whichever is greater, or such larger number as the charity trustees may decide from time to time. A charity trustee shall not be counted in the quorum present when any decision is made about a matter upon which he or she is not entitled to vote.
- b In the event that a quorum is not present within 30 minutes of the published start time, a meeting shall stand adjourned to the time and date falling seven days after the date of the meeting, or such other date and time as may be determined by the Chairman. If a quorum is not present at the adjourned meeting then those charity trustees attending may act for the purpose of calling a Special General Meeting of the members, to which the provisions as to minimum notice contained in clause 11(3) shall not apply.
- c Questions arising at a meeting shall be decided by a majority of those eligible to vote. In the case of an equality of votes, the chair shall have a second or casting vote.

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20. Saving provisions

- 20.1. Subject to sub-clause (2) of this clause, all decisions of the charity trustees, or of a committee of charity trustees, shall be valid notwithstanding the participation in any vote of a charity trustee:
 - a who was disqualified from holding office;
 - b who had previously retired or who had been obliged by the constitution to vacate office;
 - c who was not entitled to vote on the matter, whether by reason of a conflict of interest or otherwise;
 - d if, without the vote of that charity trustee and that charity trustee being counted in the quorum, the decision has been made by a majority of the charity trustees at a quorate meeting.
- 20.2. Sub-clause (1) of this clause does not permit a charity trustee to keep any benefit that may be conferred upon him or her by a resolution of the charity trustees or of a committee of charity trustees if, but for clause (1), the resolution would have been void, or if the charity trustee has not complied with clause 7 (Conflicts of interest).

21. Execution of documents

- 21.1. The CIO shall execute documents by signature.
- 21.2. A document is validly executed by signature if it is signed by at least two of the charity trustees.

22. Use of electronic communications

22.1. General

The CIO will comply with the requirements of the Communications Provisions in the General Regulations and in particular:

- a the requirement to provide within 21 days to any member on request a hard copy of any document or information sent to the member otherwise than in hard copy form;
- b any requirements to provide information to the Commission in a particular form or manner.

23. Keeping of Registers

The CIO must comply with its obligations under the General Regulations in relation to the keeping of, and provision of access to, registers of its members and charity trustees.

24. Minutes

The charity trustees must keep minutes of all:

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- 24.1. appointments of officers made by the charity trustees;
- 24.2. proceedings at general meetings of the CIO;
- 24.3. meetings of the charity trustees and committees of charity trustees including:
 - a the names of the trustees present at the meeting;
 - b the decisions made at the meetings; and
 - c where appropriate the reasons for the decisions;
- 24.4. decisions made by the charity trustees otherwise than in meetings.

25. Accounting records, accounts, annual reports and returns, register maintenance

- 25.1. The charity trustees must comply with the requirements of the Charities Act 2011 with regard to the keeping of accounting records, to the preparation and scrutiny of statements of accounts, and to the preparation of annual reports and returns. The statements of accounts, reports and returns must be sent to the Charity Commission, regardless of the income of the CIO, within 10 months of the financial year end.
- 25.2. The charity trustees must comply with their obligation to inform the Commission within 28 days of any change in the particulars of the CIO entered on the Central Register of Charities.

26. Rules

The charity trustees may from time to time make such reasonable and proper rules or bye laws as they may deem necessary or expedient for the proper conduct and management of the CIO, but such rules or bye laws must not be inconsistent with any provision of this constitution. Copies of any such rules or bye laws currently in force must be made available to any member of the CIO on request.

27. Dispute

If a dispute arises between members of the CIO about the validity or propriety of anything done by the members under this constitution, and the dispute cannot be resolved by agreement, the parties to the dispute must first try in good faith to settle the dispute by mediation before resorting to litigation.

28. Amendment of constitution

As provided by clauses 224-227 of the Charities Act 2011:

- 28.1. This constitution can only be amended:
 - a by resolution agreed in writing by all members of the CIO; or
 - by a resolution passed by a 75% majority of votes cast at a general meeting of the members of the CIO.

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- 28.2. Any alteration of clause 3 (Objects), clause [29] (Voluntary winding up or dissolution), this clause, or of any provision where the alteration would provide authorisation for any benefit to be obtained by charity trustees or members of the CIO or persons connected with them, requires the prior written consent of the Charity Commission.
- 28.3. No amendment that is inconsistent with the provisions of the Charities Act 2011 or the General Regulations shall be valid.
- 28.4. A copy of any resolution altering the constitution, together with a copy of the ClO's constitution as amended, must be sent to the Commission within 15 days from the date on which the resolution is passed. The amendment does not take effect until it has been recorded in the Register of Charities.

29. Voluntary winding up or dissolution

- 29.1. As provided by the Dissolution Regulations, the CIO may be dissolved by resolution of its members. Any decision by the members to wind up or dissolve the CIO can only be made:
 - a at a general meeting of the members of the CIO called in accordance with clause [11] (Meetings of Members), of which not less than 14 days' notice has been given to those eligible to attend and vote:
 - i by a resolution passed by a 75% majority of those voting, or
 - ii by a resolution passed by decision taken without a vote and without any expression of dissent in response to the question put to the general meeting;
 - b by a resolution agreed in writing by all members of the CIO.
- 29.2. Subject to the payment of all the CIO's debts:
 - a Any resolution for the winding up of the CIO, or for the dissolution of the CIO without winding up, may contain a provision directing how any remaining assets of the CIO shall be applied.
 - b If the resolution does not contain such a provision, the charity trustees must decide how any remaining assets of the CIO shall be applied.
 - c In either case the remaining assets must be applied for charitable purposes the same as or similar to those of the CIO.
- 29.3. The CIO must observe the requirements of the Dissolution Regulations in applying to the Commission for the CIO to be removed from the Register of Charities, and in particular:
 - a the charity trustees must send with their application to the Commission:
 - i a copy of the resolution passed by the members of the CIO;
 - ii a declaration by the charity trustees that any debts and other liabilities of the CIO have been settled or otherwise provided for in full; and

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- iii a statement by the charity trustees setting out the way in which any property of the CIO has been or is to be applied prior to its dissolution in accordance with this constitution;
- b the charity trustees must ensure that a copy of the application is sent within seven days to every member and employee of the CIO, and to any charity trustee of the CIO who was not privy to the application.
- c If the CIO is to be wound up or dissolved in any other circumstances, the provisions of the Dissolution Regulations must be followed.

30. Interpretation

In this constitution:

"connected person" means:

- a a child, parent, grandchild, grandparent, brother or sister of the charity trustee;
- b the spouse or civil partner of the charity trustee or of any person falling within subclause (a) above;
- c a person carrying on business in partnership with the charity trustee or with any person falling within sub-clause (a) or (b) above;
- d an institution which is controlled
 - i by the charity trustee or any connected person falling within sub-clause (a), (b),or (c) above; or
 - ii by two or more persons falling within sub-clause (d)(i), when taken together
- e a body corporate in which
 - i the charity trustee or any connected person falling within sub-clauses (a) to (c) has a substantial interest; or
 - ii two or more persons falling within sub-clause (e)(i) who, when taken together, have a substantial interest.

31. Use of electronic communications

31.1. To the CIO:

Any member or charity trustee of the CIO may communicate electronically with the CIO to an address specified by the CIO for the purpose, so long as the communication is authenticated in a manner which is satisfactory to the CIO.

31.2. By the CIO:

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- a Any member or charity trustee of the CIO, by providing the CIO with his or her email address or similar, is taken to have agreed to receive communications from the CIO in electronic form at that address, unless the member has indicated to the CIO his or her unwillingness to receive such communications in that form.
- The charity trustees may, subject to compliance with any legal requirements, by means of publication on its website.
 - i provide the members with the notice referred to in clause 11(3) (Notice of general meetings);
 - ii give charity trustees notice of their meetings in accordance with clause 19(1) (Calling meetings); and

c The charity trustees must:

- i take reasonable steps to ensure that members and charity trustees are promptly notified of the publication of any such notice or proposal;
- ii send any such notice or proposal in hard copy form to any member or charity trustee who has not consented to receive communications in electronic form.

Appendix:

- Section 118 of the Charities Act 2011 apply for the purposes of interpreting the terms used in this constitution.
- "General Regulations" means the Charitable Incorporated Organisations (General) Regulations 2012.
- "Dissolution Regulations" means the Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.
- The "Communications Provisions" means the Communications Provisions in [Part 10, Chapter 4] of the General Regulations.
- "charity trustee" means a charity trustee of the CIO.
- A "poll" means a counted vote or ballot, usually (but not necessarily) in writing.

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